

# Daily Health Check

Please give me a thumbs up if all these statements are correct for you



I have not had a high temperature or felt unwell in the last 24 hours.



I have not had a new or regular cough in the last 24 hours.



My sense of taste and smell has been normal in the last 24 hours.



I have not been around anyone with these symptoms in the last 24 hours.



I have not been contacted by NHS Test and Trace and been told to self-isolate.

**Have a great day in school!**