

# MENU

## WEEK B

GF Gluten Free

V Vegetarian

Ve Vegan

H Halal

### DISCLAIMER - PLEASE READ

Please inform a member of staff of any dietary requirements or allergies when ordering, so we can ensure you are catered for appropriately.

All dishes are prepared using the correct ingredients; however, they are made in a kitchen where allergens may be present.

If you have any severe food allergies, it is essential that you speak to a member of staff before ordering.

**DID YOU KNOW?**

Something for everyone!

Every day you'll find delicious dishes on our menu, with choices to suit all diets and lifestyles

**Millbay Academy**

**NEW  
DESSERTS  
COMING  
SOON...**

### MONDAY

#### HOT OPTION 1

Crispy Breaded Pollock Fillets with Crispy Tater Tots & Creamy Cauliflower Cheese

#### HOT OPTION 2

Breaded Halloumi Fillets with steamed new Potatoes & Creamy Cauliflower Cheese

#### SERVED WITH

Seasonal Veg Medley. Tender broccoli florets, garden peas & golden sweetcorn

#### JACKET POTATO

Filled with your choice of warm baked beans, melted cheese or creamy tuna mayo

### TUESDAY

Tempura Chicken bites with your choice of Sweet & Sour or BBQ sauce, served alongside lightly spiced Wedges

Crispy Quorn dippers served with your choice of Sweet & Sour or BBQ sauce, alongside lightly spiced Wedges

A vibrant mix of peas, sweetcorn, and green beans

Filled with your choice of , 'pizza jacket potato' loaded with tomato, cheese and pepperoni or creamy coleslaw

### WEDNESDAY

Homemade slow cooked Tomato sauce with Fusilli pasta, served with warm Garlic Bread

A vibrant mix of garden peas and golden sweetcorn

Filled with your choice of fresh pesto chicken or melted cheese

### THURSDAY

A soft, savoury Egg flan without the pastry, packed with either classic ham & cheese or a colourful veggie blend of spinach, peppers, mushrooms, red onions and cheese

A simple but delicious blend of broccoli florets and shredded cabbage

Filled with your choice of , 'pizza jacket potato' loaded with tomato, cheese and pepperoni or creamy coleslaw

### FRIDAY

Crispy Chicken fillets served with golden diced potatoes and Baked beans

Crispy Quorn fillets served with golden diced potatoes and Baked beans

A vibrant mix of garden peas and golden sweetcorn

Filled with your choice of warm baked beans, melted cheese or creamy tuna mayo

## FRESH FRUIT

A colourful mix of apples, oranges, bananas, pears, grapes, strawberries, honeydew and watermelon; fresh, sweet, and crisp!



## SALAD BAR

A vibrant medley of garden-fresh leaves and rocket, paired with crisp vegetables, sweetcorn and beetroot, finished with a side of creamy coleslaw.

