



THIS WEEK'S MENU OCT 14TH – 18TH

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE

OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER

MONDAY – FRESH FRUIT AVAILABLE

POLLOCK FILLETS OR QUORN FISH FINGERS WITH HOMEMADE CHIPS, PEAS OR BEANS
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

TUESDAY – FRESH FRUIT AVAILABLE

CHICKEN BURGERS OR VEGETABLE BURGERS WITH HOMEMADE SPICY SPUDS & OPTIONAL BEANS
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

WEDNESDAY – FRESH FRUIT AVAILABLE

PORK OR QUORN SAUSAGES WITH ROAST POTATOES, GARLIC CARROTS, PEAS, YORKSHIRE PUDDING & GRAVY
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

THURSDAY – FRESH FRUIT AVAILABLE

PORK MEATBALL SUBS OR QUORN MEATBALL SUBS
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

FRIDAY – FRESH FRUIT AVAILABLE

BREAKFAST BAPS – BACON, SAUSAGE OR FISH BAP, HASH BROWN, BEANS, MUSHROOMS

VEGGIE BREAKFAST BAPS – QUORN SAUSAGE BAP, HASH BROWN, BEANS, MUSHROOMS