



THIS WEEK'S MENU SEP 30TH – OCT 4TH

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE

OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER

MONDAY – FRESH FRUIT AVAILABLE

JACKET POTATO SERVED WITH
PORK OR QUORN SAUSAGE & BEANS, TUNA MAYO, BEANS & CHEESE, BEANS, CHEESE

TUESDAY – FRESH FRUIT AVAILABLE

HAM & CHEESE QUESADILLAS OR CHEESE & ONION QUESADILLAS
OR
JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

WEDNESDAY – FRESH FRUIT AVAILABLE

TEMPURA CHICKEN BITES OR QUORN DIPPERS WITH CHINESE FRIED RICE – OPTIONAL SWEET & SOUR OR BBQ SAUCE
OR
JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

THURSDAY – FRESH FRUIT AVAILABLE

CHICKEN BURGERS OR VEGETABLE BURGERS WITH HOMEMADE SPICY SPUDS & OPTIONAL BEANS
OR
JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

FRIDAY – FRESH FRUIT AVAILABLE

BREAKFAST BAPS – BACON, SAUSAGE OR FISH BAP, HASH BROWN, BEANS, MUSHROOMS

VEGGIE BREAKFAST BAPS – QUORN SAUSAGE BAP, HASH BROWN, BEANS, MUSHROOMS