

MENU 6TH OCT – 10TH OCT

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE ALWAYS AVAILABLE

OUR SALAD BAR: MIXED SALAD LEAVES, ROCKET, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION, CUCUMBER, BEETROOT

FRESH FRUIT DAILY: APPLES, ORANGES, BANANAS, PEARS, HONEYDEW MELON, WATERMELON

JACKET POTATOES SERVED EVERY DAY WITH THE FOLLOWING TOPPINGS: BEANS, BEANS & CHEESE, TUNA MAYO, CORONATION CHICKEN

MONDAY

TOAST WITH THE FOLLOWING: PORK/QUORN SAUSAGES, GARLIC MUSHROOMS, BEANS, CHEESE

TUESDAY

POLLOCK FILLETS OR QUORN FISH FINGERS WITH WEDGES & BEANS OR MIXED VEGETABLES & BROCCOLI

WEDNESDAY

CHICKEN BURGERS OR VEGETABLE BURGERS WITH BEANS OR MIXED VEGETABLES

THURSDAY

BEEF CHILLI BURRITOS OR MIXED VEGETABLE BURRITOS

FRIDAY

MINI BAY BREAKFAST – BACON OR SAUSAGE, SCRAMBLED EGGS, BEANS, TOAST OR

MINI VEGGIE BAY BREAKFAST - QUORN SAUSAGE, SCRAMBLED EGGS, BEANS, TOAST