

## THIS WEEK'S MENU OCT 7<sup>TH</sup> – 11<sup>TH</sup>

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE
OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER

MONDAY -FRESH FRUIT AVAILABLE

HOMEMADE TOMATO RAGU WITH FUSILLI PASTA – OPTIONAL CHEESE

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

TUESDAY - FRESH FRUIT AVAILABLE

FISH CAKES OR QUORN FISH FINGERS WITH ROAST NEW POTATOES, PEAS & SWEETCORN OR BEANS

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

WEDNESDAY – FRESH FRUIT AVAILABLE

BEEF CHILLI BURRITOS OR MIXED VEGETABLE BURRITOS

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

THURSDAY – FRESH FRUIT AVAILABLE

MARGHERITTA PIZZA

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

FRIDAY - FRESH FRUIT AVAILABLE

BREAKFAST BAPS - BACON, SAUSAGE OR FISH BAP, HASH BROWN, BEANS, MUSHROOMS

VEGGIE BREAKFAST BAPS - QUORN SAUSAGE BAP, HASH BROWN, BEANS, MUSHROOMS