



THIS WEEK'S MENU NOV 11TH – 15TH

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE

OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER

MONDAY – FRESH FRUIT AVAILABLE

FISH CAKES, POLLOCK FILLETS OR QUORN FISH FINGERS WITH BOILED NEW POTATOES, STEAMED VEG & GRAVY OR BEANS

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

TUESDAY – FRESH FRUIT AVAILABLE

BEANS ON TOAST – PORK OR QUORN SAUSAGES WITH BEANS & CHEESE

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

WEDNESDAY – FRESH FRUIT AVAILABLE

BEEF CHILLI BURRITOS OR MIXED VEGETABLE BURRITOS WITH HOMEMADE SPICY SPUDS

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

THURSDAY – FRESH FRUIT AVAILABLE

MAC & CHEESE – LIMITED BACON MAC & CHEESE

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

FRIDAY – FRESH FRUIT AVAILABLE

BREAKFAST BAPS – BACON, SAUSAGE OR FISH BAP, HASH BROWN, BEANS, MUSHROOMS

VEGGIE BREAKFAST BAPS – QUORN SAUSAGE BAP, HASH BROWN, BEANS, MUSHROOMS