



## THIS WEEK'S MENU NOV 18<sup>TH</sup> – 22<sup>ND</sup>

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE

OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER

MONDAY – FRESH FRUIT AVAILABLE

BEEF MEATBALLS OR VEGAN MEATBALLS IN HOMEMADE TOMATO RAGU WITH FUSILLI  
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

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TUESDAY – FRESH FRUIT AVAILABLE

TEMPURA CHICKEN BITES OR QUORN DIPPERS WITH CHINESE FRIED RICE – BBQ OR SWEET & SOUR SAUCE AVAILABLE  
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

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WEDNESDAY – FRESH FRUIT AVAILABLE

COTTAGE PIE (BEEF) OR VEGETABLE PIE WITH PEAS & GARLIC CARROTS  
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

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THURSDAY – FRESH FRUIT AVAILABLE

MARGHERITTA PIZZA

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

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FRIDAY – FRESH FRUIT AVAILABLE

BREAKFAST BAPS – BACON OR SAUSAGE, HASH BROWN, BEANS, MUSHROOMS

VEGGIE BREAKFAST BAPS – QUORN SAUSAGE BAP, HASH BROWN, BEANS, MUSHROOMS