



THIS WEEK'S MENU NOV 25TH – 29TH

VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE

OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER

MONDAY – FRESH FRUIT AVAILABLE

POLLOCK FILLETS OR QUORN FISH FINGERS WITH ROAST NEW POTATOES, PEAS & SWETCORN OR BEANS
OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

TUESDAY – FRESH FRUIT AVAILABLE

HOMEMADE TOMATO RAGU WITH FUSILLI & GARLIC BREAD

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

WEDNESDAY – FRESH FRUIT AVAILABLE

SEASONED BEEF OR SEASONED FIVE BEAN MIX CRUNCHY TACOS – GUACAMOLE & TOMATO SALSA

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

THURSDAY – FRESH FRUIT AVAILABLE

CREAMY CAJUN CHICKEN OR CAJUN VEGETABLES WITH RICE

OR

JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE

FRIDAY – FRESH FRUIT AVAILABLE

BREAKFAST BAPS – BACON OR SAUSAGE, HASH BROWN, BEANS, MUSHROOMS

VEGGIE BREAKFAST BAPS – QUORN SAUSAGE BAP, HASH BROWN, BEANS, MUSHROOMS