



## **THIS WEEK'S MENU NOV 4<sup>TH</sup> – 8<sup>TH</sup>**

**VEGETARIAN & VEGAN - GLUTEN FREE - DAIRY FREE AVAILABLE**

**OUR SALAD CONTAINS; ICEBERG LETTUCE, COLESLAW, CHERRY TOMATOES, SWEETCORN, RED ONION & CUCUMBER**

MONDAY – FRESH FRUIT AVAILABLE

**JACKET POTATO SERVED WITH SAUSAGE & BEANS (PORK OR QUORN), CORONATION CHICKEN, CAULIFLOWER CHEESE, TUNA MAYO,  
BEANS & CHEESE, BEANS, CHEESE**

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TUESDAY – FRESH FRUIT AVAILABLE

**TEMPURA CHICKEN OR QUORN DIPPERS WITH CHINESE FRIED RICE – SWEET & SOUR SAUCE OR BBQ SAUCE**

**OR**

**JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE**

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WEDNESDAY – FRESH FRUIT AVAILABLE

**BEEF BOLOGNESE OR QUORN BOLOGNESE WITH SPAGHETTI**

**OR**

**JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE**

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THURSDAY – FRESH FRUIT AVAILABLE

**CHICKEN BURGERS OR VEGETABLE BURGERS WITH SPICY SPUDS**

**OR**

**JACKET POTATO SERVED WITH BEANS & CHEESE, BEANS, CHEESE**

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FRIDAY – FRESH FRUIT AVAILABLE

**INSET DAY**