

MENU

WEEK A

GF

Gluten Free

V

Vegetarian

Ve

Vegan

H

Halal

DISCLAIMER - PLEASE READ

Please inform a member of staff of any dietary requirements or allergies when ordering, so we can ensure you are catered for appropriately.

All dishes are prepared using the correct ingredients; however, they are made in a kitchen where allergens may be present.

If you have any severe food allergies, it is essential that you speak to a member of staff before ordering.

DID YOU KNOW?

Something for everyone!

Every day you'll find delicious dishes on our menu, with choices to suit all diets and lifestyles

Millbay Academy

**NEW
DESSERTS
COMING
SOON...**

MONDAY

HOT OPTION 1

Hearty pork sausages with smooth homemade mash, baked beans, golden fried onions and warm gravy

HOT OPTION 2

Meat-free Quorn sausages with smooth homemade mash, baked beans, golden fried onions, and warm gravy

SERVED WITH

A wholesome mix of peas, green beans and broccoli

JACKET POTATO

Filled with your choice of warm baked beans, melted cheese or creamy tuna mayo

TUESDAY

Ham-tastic Carbonara! Creamy sauce, fusilli and tasty ham on top

Roasted veggie Carbonara packed with flavour

A vibrant mix of garden peas and golden sweetcorn

Filled with your choice of creamy Carbonara, baked beans or coleslaw

WEDNESDAY

Crispy Breaded Pollock Fillets with crispy tater tots & creamy Cauliflower Cheese

Breaded Halloumi Fillets with crispy tater tots & creamy cauliflower cheese

Seasonal Veg Medley. Tender broccoli florets, garden peas & golden sweetcorn

Filled with your choice of Sausage & beans or melted cheese

THURSDAY

A fiery Beef Chilli Burrito or a tender Halal Chicken Burrito bursting with flavour

Spiced Mixed Veg Burrito packed with bold flavours and veggie goodness

Fresh Mexican Salad and fluffy Couscous

Filled with your choice of warm baked beans, melted cheese or creamy tuna mayo

FRIDAY

A colourful stir fry of egg noodles and fresh veggies (baby corn, broccoli, sugarsnap peas, carrots, onions, peppers), paired with your pick: Crispy Chicken Bites or Quorn Dippers.

Either:
Sweet & Sour sauce
or
Bbq sauce

Filled with your choice of warm baked beans, melted cheese or creamy tuna mayo

FRESH FRUIT

A colourful mix of apples, oranges, bananas, pears, grapes, strawberries, honeydew and watermelon; fresh, sweet, and crisp!



SALAD BAR

A vibrant medley of garden-fresh leaves and rocket, paired with crisp vegetables, sweetcorn and beetroot, finished with a side of creamy coleslaw.

